

REGION IV MENTAL HEALTH BOARD MINUTES

December 14 , 2010 - 12:00 TO 2:00 PM

Ada County Sheriff's Office

7200 W Barrister, Boise, ID

CHAIR: Greg Dickerson

VICE CHAIR: Sharon Ullman

Attendees: Paula Marcotte, Shelley Retter, Ruth Vonk, Courtney Santillan, Stormy Stanek, Sharon Ullman, Ross Mason, Beth Baker, Mary Rong, Greg Dickerson, Gina Westcott, Connie Crusier, Kate Pape, Laura Thomas, David Sparks, Gayle Larson

Excused Absences: Vern Garrett, Judi Corlett

<u>Agenda</u>	<u>Presenter</u>	<u>Discussion</u>	<u>Action/Next Steps</u>
Introductions and Attendance	Greg Dickerson	Introductions of all attending were made.	
Review Agenda Approval of last meeting's minutes	Greg Dickerson	Courtney made the motion for the November minutes be approved as typed and Gina seconded. All approved.	
Needs Assessment Report	All	Greg gave an overview of the Needs Assessment requirements. There wasn't time to conduct a consumer and community survey, get it back and compile the data. Each of the five categories identified by the SPC was written on an easel sheet and everyone joined in identifying the strengths and gaps/needs for each. The outcome of the brainstorming is attached to these minutes as a separate document.	
Member reports and Updates CMH Subcommittee Update RAC Update		<p>Kate reported that Dr. Estess has given the jail his 30-day notice. Carolyn Corbett will continue and will talk with Dr. Eliason.</p> <p>Laura reported that the revised MH Board web page is up.</p> <p>Courtney asked is the Board wanted a table at the SPC Legislative Breakfast. Everyone reported insufficient time. The Federation will have a table. The Breakfast is on January 13th.</p> <p>Connie reported Elmore County held their suicide meeting and about 25 people attended. Their Drug Court has 14 people enrolled in the program. The school program, Extreme Challenge, will be held for 5th graders. 7th graders will</p>	

		<p>receive the Alcohol Intervention Program, held by M.A.D.D.</p> <p>Gina reported that Dr. Koltes is now a permanent, full-time Department employee. CMH/AMH is getting closer to the Resilience Across the Lifespan conference.</p>	
Other Board Items		<p>Dr. David W. Sparks joined the meeting as an interested person who has children with MH/SA issues and one daughter with Tourette's, and is in the process of writing a book. He described his daughter's behavior deteriorated due to self image and the use of drugs to self-medicate and feel better about herself. Dr. Sparks expressed his difficulty in receiving help for his daughters and the lack of programs in the school systems to address substance abuse.</p> <p>Courtney told of the Federation's school outreach program and all the interested kids who want to become involved in the program. The Federation is starting to contact these children and get something started.</p>	
		Meeting adjourned.	

Next meeting is January 11, 2010 at the Ada County Sheriff's Department.